

STEP BY STEP

The Jewelry Designer Matthew 'Mateo' Harris's Beauty Routine



I start my mornings by splashing freezing cold water on my face and then washing it with [Obagi Nu-Derm Gentle Cleanser](#). I've been using this brand for years — a friend of mine who works at a spa introduced me to it — and swear by it. I also use the brand's [Professional-C serum](#), which has truly restored my skin. It's magic. I use sunscreen by [V.Sun in SPF 50](#). Sunscreen is something my mother, who lives in Jamaica, taught me to always wear, even in the winter. I used to wonder why because I'm so Black, but she is 70 and looks amazing. After I go outside during the day, I wash my face again, this time with [Cetaphil Gentle Skin Cleanser](#), since I don't want to use up my expensive face wash. After the Cetaphil, I follow with [SkinCeuticals Hydrating B5](#) and [Obaji's facial moisturizer](#). Sometimes, I also throw in [Paula's Choice's azelaic acid](#) booster, which brightens my skin and shrinks my pores. At night, I use [SkinCeuticals discoloration serum](#). I have pigmentation problems, so I live by this product. As for my lips, I have bought a million and one lip balms, but just give me that [original Chapstick](#) in cherry. I travel often, so for the plane I always bring an [SK-II Facial Treatment Mask](#). On my body, I also use a [geranium oil by Aesop](#), which smells divine. I wish I'd known about [Face Gym](#) earlier. I've been trying to do more facial exercises at home, especially mewing (using tongue movements to reshape your jawline). I watch these YouTube videos of guys who have been mewing since high school, and their faces are so chiseled and their jawlines so strong. Another recent discovery for me is [Matiere Premiere](#), which has a sexy, mysterious fragrance called [Falcon Leather](#). Every time I wear it, people stop me on the street to ask me about it.